Keeping residents up to speed with the latest Village news

SALT FOR THE STREETS

The Village appreciates our residents' patience and cooperation as we continue to combat snow and ice storms. Recent reports in local newspapers have shown that there is a salt shortage that has had an impact on many municipalities. The Village of Oak Lawn has been receiving daily deliveries during the week. The Village locked in a contract last February 2007 for a maximum tonnage of 8,450 at \$38.32 a ton. To date we have used 7,322 tons and will be receiving 1,128 more. The budget for salt usage is \$200,000 and the Village is right on the mark. Salt is currently costing \$100 per ton, more than twice of what we have paid per ton. The Village of Oak Lawn is doing its part to conserve on salt usage but certainly not at a risk to our residents and for all who travel our streets. The Village would like to share the following facts for your information.

There were 13 snow and ice events last season spanning November 30, 2006 to March 2, 2007. The total snowfall was 27.55 inches. Total road salt consumption was 6,020 tons for this time period. Our Oak Lawn crews averaged 115 lbs. of salt per linear mile.

This season, to date there has been TWICE as many snow and ice events totaling 25 from December 4, 2007 through February 7, 2008. The snowfall has been TWICE as much with 52.85 inches recorded. Total salt usage for this season to date has been 6,600 tons and our crews are averaging 78 lbs. of salt per linear mile of application.



Snow Routes: If your street is a Snow Route, you are not allowed to park on the street when there is snow accumulated of 1 inch or more. Vehicles will be cited or towed.

Snow Advisory: When the Village of Oak Lawn is under a Snow Advisory the ordinance requires that during a snow event of 1" or more accumulation that vehicles be parked on the East and South sides of the street on EVEN numbered days; and on the North and West sides of the street on ODD numbered days. The Village appreciates all residents' cooperation in this manner as it better allows us to keep the streets clear.

SAFEGUARDING YOUR HOME AGAINST A FIRE

By making a few observations and changes now, the effect will last throughout the year. Walk through the house as a fire inspector would with the following home fire safety survey and see where safety improvements can be made.

1. Does the home have a four-inch visible address?

If fire or police personnel are responding to your home for an emergency, it is important that they can easily see a large, well-lit street address.

2. Is the fire hydrant obstructed?

Snow, shrubbery, or tall grass can obstruct a hydrant and making it less visible and less accessible for firefighters if they need to hook up to water. Keep the hydrant clear and easily accessible from the street.

3. Does every room in the house have a secondary exit?

If the main exit from a room is blocked by fire or smoke, it is important to have a second way to escape. Look at each room to make sure there are two ways out. Don't forget, windows can be used for escape if the primary exit is blocked.

4. Does the family have an escape plan?

Don't wait for a fire to happen before thinking about escape routes. Plan ahead with all family members, and practice home fire drills regularly. Be sure to decide on a family meeting place outside.

5. Is all heating equipment clear of storage?

Many serious fires have been caused by combustibles (clothing, furniture, papers) and flammable liquids (paint thinner, gasoline, and furniture refinisher) stored too close to a heat source. Combustibles should be stored at least three feet from any heat source. Flammable liquids should not be stored inside the house.

6. Is cooking equipment free of grease?

Stoves, deep fryers, and other cooking appliances should be cleaned frequently to avoid a build up of grease that could overheat and cause a fire.

7. Is all cooking equipment clear of combustibles?

Towels, potholders, paper plates and napkins can easily catch on fire if they are lying too close to the stove while burners are lit. Check the cooking areas while cooking to make sure these items will not accidentally come in contact with any heating elements.

8. Do all kitchen and bathroom outlets have Ground Fault Interrupters?

Any outlets within 6 feet of a water source should be fitted with GFIs to stop the flow of electricity to an appliance if it becomes wet.

9. Have extension cords been eliminated?

Improper use of small extension cords has caused many residential fires. It is best to replace extension cords with more capable power strips. If more outlets are needed, have an electrician install additional wiring for another outlet.

10. Are portable fire extinguishers accessible? Does someone in the family know how to use a portable fire extinguisher?

Fire extinguishers work well for small fires. But, if no one in the family is familiar with their use, it is best just to leave the home if a fire occurs. Fire extinguishers should be mounted near a door. If using the extinguisher does not put the fire out, an immediate exit is available.

11. Is there a smoke detector on every level of the home? Are they all working? Are they tested monthly?

It is a state law for all homes to have a smoke detector on each floor of the residence. Firefighters still come across fires where a smoke detector was in place, but did not have batteries. Test smoke detectors monthly.

12. Is there a carbon monoxide (CO) detector located near all bedrooms? Are they all working? Are they tested monthly?

It is a state law for all homes to have a carbon monoxide detector located within 15 feet of all bedrooms. Test carbon monoxide detectors monthly.

13. What are the home's storage arrangements?

Storing piles of old newspapers, rags, papers, and boxes is a fire hazard. Firefighters refer to this as part of the fire load. A greater fire load in a home means that there is more to burn. Clear out what isn't needed. Do not store things on or under open stairwells.

Anyone interested in having the Oak Lawn Fire Department come out to their home to perform a home safety survey can call (708) 499-7825. There is no cost for this service. The department performs this service for the safety of its residents.

Lt. Steven Rockey - O.L.F.D.
Oak Lawn Fire Prevention Bureau

Your questions...our answers

You asked: How do I obtain a free senior pass for the RTA?

We answered: Passes are available at the Oak Lawn Senior Center, 5330 W. 95 St. Seniors age 65 and older need to bring their Drivers License or State Identification to the Center. A photo will be taken for the ID. Call (708) 499-0240 for further information

If you have a question about Oak Lawn, please let us know. We'll put the answer in our *A Community United* e-newsletter.

SCHOOLS

AERO School District 123 Early Childhood Screening – Free for Residents

What: Children will be screened in the areas of motor, concepts, self help,

social, and speech/language development. The district boundaries are: North-87th St., South-107th St, East-Pulaski Rd., West-Central Ave.

When: March 10, April 28, May 19, 2008

Where: Brandt School, 8901 S. 52nd Ave. (708) 423-8363.

SIXTH ANNUAL AUTISM ONE CONFERENCE

An International Comprehensive Conference on Autism.

Wednesday, May 21 – Sunday, May 25 The Westin O'Hare Hotel 6100 N. River Road, Rosemont

> JENNY MCCARTHY Keynote Address Speaker

Many workshops are available for families, caregivers and clinicians. Childcare Center is available. Learn more or register online at www.autismone.org.

THE VILLAGE OF OAK LAWN SALUTES OUR RESIDENTS IN THE ARMED FORCES

Pfc Santo J. Carollo, US Marine Corps Lt. Colonel John Paul Klatt, US Air Force Jamie Hojek, US Navy Pfc Antonio Fernandez, US Marine Corps **Pfc Garrett Coffey, US Army** TSgt. Matthew R. Marcinkowski. US Air Force Sn Daniel Villavazo, US Coast Guard Cpl. Andrew Chesna, US Marine Corps Staff Sgt Christopher Reich, US Army Reserves Dennis A Youngren, SrA, US Air Force Captain David Pfeiffer, US Air Force Captain Craig Lanigan, Army Reserves Michael S. Zylius, US Navy Pfc Benjamin T. Kunst, US Marine Corps Sgt. Enrico DeLorenzo, US Air Force First Sgt. Daniel Miller, US Marine Corp Rebecca Joy Inflow, US Naval Air Corps Pfc Stephen Lukaiewicz, US Air Force Sara Losos, AIC **Pfc Christopher Mann, US Marine Corps** 1st Sgt Wade Pasquerrella, 82nd Airborne Sgt Jeff M. Marsinkowski, US Air Force Sp4 Archie Thompson, IV **Pfc Justin Sanchez HM3 Leslye Thompson** Sqt. Robert Sanchez, Jr. Keith Libner, US Marine Corps Cpl. John C. Hojek, US Marine Corps Sgt. Kevin J. Scharwarko, US Army **Gustavo Guerrez, US Marine Corps** Pfc John W. Campbell, US Marine Corps Spc. Don Brady, US Army OS2 Stacy L. Johnson, USS Cpl. John Elder, US Marine Corps Karl Schultz, US Navy Sgt. R.E. Carlson, US Marine Corps Sp4 Joseph J Necom, USA Sgt. John Patrick White Tech Sgt. Michael Dignan, US Air Force

The Village of Oak Lawn appreciates the many sacrifices our residents in the Armed Forces make for us on a day to day basis. We ask our residents to keep all of those in the Armed Forces in their prayers. If you are an active service man or woman or have a loved one currently serving in the armed forces, please send their name and military information to mgorman@oaklawn-il.gov.

If any service man or woman would be interested in receiving the "A Community United" to keep in touch with the latest happenings in their hometown, they may do so by sending their email information to mgorman@oaklawn-il.gov

SENIOR NEWS

Tax Preparation

What: Trained volunteers, certified by the IRS, are available to prepare

Seniors' taxes. Appointments only.

Where: Oak Lawn Senior Center, 5330 W. 95 St., (708) 499-0240

Box Lunch Day Event

What: Hot lunch, dessert, refreshments and bingo are provided at a discounted

rate through the help of a sponsor. This month's event is sponsored by

Cusack Insurance Agency

When: Thursday, February 28, 10:30 am.

Where: Oak Lawn Senior Center, 5330 W. 95 St., (708) 499-0240

Cost: \$3.00 tickets must be purchased in advance.

AARP – Driver Safety Program

What: A two day refresher course designed to meet the needs of drivers age

50 and up. Many insurance companies offer discounts to those who

complete the course. Coffee and snacks provided. Fee is \$10

When: April 3 & 4, in person registration starts Saturday, March 8

May 29 & 30, in person registration starts Saturday, May 3

Where: Oak Lawn Public Library, 9427 S. Raymond Ave., (708) 422-4990

Wheelchairs Available

The Senior Wheels USA Program has power wheelchairs available to senior citizens and the permanently disabled at no cost if the recipient qualifies. For further information call (800) 246-6010.



Oak Lawn Citizen Police Academy Wednesdays evenings, March 12 – May 21, 2008 Oak Lawn Municipal Center

The Oak Lawn Citizen Police Academy consists of ten, two and one-half hour blocks of instruction designed to give the participants a working knowledge of the Police Department. Class sizes will be limited and there will be no cost to anyone who enrolls. Oak Lawn residents age 18 and older may apply. Classes are taught by our own police officers in their various areas of expertise. A sampling of the class topics includes but is not limited to: Community Relations, Crime Prevention, D.A.R.E. & EDGE, Drug & Gang Awareness, Identity Theft, Senior Citizen Police Liaison, and Juvenile Justice System.

Applications are available at the Oak Lawn Police Front Desk. For additional information about the Academy contact: Officer Jim Pacetti, Community & School Relations, (708) 499-7880, **jpacetti@oaklawn-il.gov**

MONTHLY VEHICLE STICKER GIVEAWAY

Each month the Village will randomly draw the name of an Oak Lawn resident from our "A Community United" e-mail database. Congratulations to this month's winner: **JOSE DE LA PAZ**

YOUR HEALTH & SAFETY

BEAMS (Becoming Educated About Multiple Sclerosis) – Support Group

What: Support group on MS will feature yoga teacher Paula Gardner who will

teach ancient relaxation techniques. Please dress appropriately, no

blue jeans allowed. Family and friends are welcome.

When: Wednesday, **February 20**, 11:00 am – 1:00 pm

Where: Oak View Center, 4625 W. 110 St.

Info: Contact Mary Ellen Tinman at (708) 424-1407

5th Annual SXU Health Fair

What: Free screenings, information, chair messages, refreshments and

much more. Open to the community.

When: Friday, March 28, 9:00 am – 1:00 pm Where: St. Xavier University Shannon Center

Info: (773) 298-3592

THE SANCTUARY

A Women's Wellness Group

A place where women can connect together in a spirit of support to learn, share experiences, and explore possibilities for possible growth.

Open to: Women who are residents of Oak Lawn **When:** Friday evenings through March 21, 2008

Where: Oak Lawn Family Service

9401 S. 53rd Ct.

Fee: \$5.00

To join or for more information please contact (708) 423-3361

Deb at ext. 25 or Rachel at ext. 28 or email familyservice@oaklawn-with

The Sanctuary or Women's Group as the subject.

Red Wine – A Treat for your Heart

Cardiovascular disease is the number one cause of death in the United States. February is American Hearth Month and one of the simple things you can do to reduce your risk is by treating yourself to a glass of red wine. *The American Journal of Physiology* and the *New England Journal of Medicine* have conducted studies that have shown the positive affects of red wine, in moderation, on the heart. Some of the heart study suggests:

- red wine can lower the risk of a heart attack in middle aged people by at least 30%;
- red wine can prevent future heart attacks if you have already suffered from one;
- those who drink red wine have more HDL cholesterol, the good cholesterol, than those who do not;
- red wine can prevent LDL cholesterol, the bad cholesterol, from forming
- a compound in red wine called resveratrol may help prevent blood clots;
 and
- red wine can reduce the blood vessel damage caused by fat deposits.

MARK YOUR CALENDAR

Art Gallery

View dozens of original works by local artists now on display in a new gallery space on the second floor, in a special nook along the north window vista. Artists interested in participating in future exhibitions can pick up an application at the Library's Reception Booth. (708) 422-4990.

Babysitting Classes

What: Babysitting class for boys and girls between the ages of 11 and 15

taught by the Newborn Nursery staff at Advocate Christ Medical Center.

When: Monday, **February 18**, 8:00 am – 4:00 pm **Cost:** \$55, call 800 323-8622 to register (code 1P05)

Lenten Fish Fry – St. Germaine Athletic Association

What: All you can eat fish dinner. Meatless pasta dinner, grilled cheese &

soup will also be served. Complimentary coffee. Beverages available

for purchase. Carry out orders available. Email your orders to

stgermainefishfry@yahoo.com by 7pm Thursday before each fish fry.

When: Fridays, through March 14, 5:00 – 8:00 pm

Where: Parish Hall, St. Germaine's Church, 9735 S. Kolin, parking on East side

of Church.

Parent Forum & Support Group for Parents of Children with Disabilities

What: Come out once a month to discuss, review and suggest new ideas or

program strategies. Meet parents of children with disabilities. Staff

will be provided to watch children during meeting.

When: Third Thursday of every month, 7:00 pm

Where: Oak View Center, 4625 W. 110 St., Jacqueline Canty (708) 857-2200

St. Catherine Mens Club 25th Annual "Sports Night" Fundraiser.

What: Delicious sit-down corned beef dinner from Harrington's, silent auctions.

raffles and more. The event will be emceed by Fox TV's Patrick Elwood

and the honored guest is Illinois Football Coach Ron Zook.

When: Saturday, February 16, 2008

Where: St. Catherine's School Gym, 10621 S. Kedvale.

Cost: \$65 includes three \$5 and ten \$1 raffle tickets, open bar and dinner.

Info: Jim McGovern, 312-419-1965 (day), 708-423-4685 (eve),

jim.mcgovern@sbcglobal.net

Lunch with the President starring Michael Krebs

What: A living history program with Michael Krebs portraying Abraham Lincoln.

Buffet lunch and cash bar available.

When: Sunday, **February 17**, 12:15 pm. Registration deadline – February 12.

Where: Stony Creek Clubhouse , 5850 W. 103 St.

Cost: Adult - \$17. Children (10 & under) - \$6

7th Annual "A Night on the Town" A Red Carpet Event

What: A fundraiser sponsored by Together We Cope featuring dinner,

silent auction, open bar and dancing.

When: Friday, February 22, 7:00 pm

Where: Odyssey Country Club, 19110 S. Ridgeland, Tinley Park Cost: \$75 per person. Contact Karen, (708) 633-5040, ext. 26.

ZAZZ Singles Party and Date Auction

What: Singles Party and Date Auction with all proceeds benefiting Park Lawn.

Raffles, live music, hors d'oeuvres and an open bar. Tickets are \$35 per person in advance, \$40 at the door. Tickets for tables of 10 are

\$300.

When: Friday, February 29, 7:00 pm

Where: Ashton Place, 341 75 St., Willowbrook. **Info:** To purchase tickets call (708) 425-6867

Southwest Business Cooperative Networking Event

What: A joint venture of the Oak Lawn Chamber of Commerce, The Chicago

Southland Convention & Visitors Bureau and many other Southside Chambers to connect local chambers and business associations

together under one roof.

When: Wednesday, March 12, 5:00 – 8:00 pm Where: Hilton Oak Lawn Hotel, 9333 S. Cicero Ave.

Cost: \$30 per person, reservations by Friday, **March 7**. Contact the Oak

Lawn Chamber at (708) 424 8300.

Friday Night Fish Fry

The Oak Lawn Park District Stony Creek Clubhouse, 5850 W. 103 St., will be hosting a Friday Night Fish Fry every Friday through March 21. Doors open at 5:00 pm with the buffet beginning at 5:30 pm. Last seating is at 8:30 pm. Adults - \$12.99. Children (8 & under) \$9. A shrimp dinner and a baked tilapia dinner will also be available for \$13.99. Cash bar is available. Reservations are preferred. (708) 857-2433.

THANK YOU TO OUR 2007 FALL ON THE GREEN GOLD SPONSORS

City Beverage – Budweiser Mancari's Chrysler Jeep, Inc. Standard Bank & Trust Heat & Frost Insulators Union Local #17

Robin Realty

Veolia Environmental Services

TEEN SCENE

Teen Advisory Group

Oak Lawn Park District is looking to start a Teen Advisory Group. Please contact Colleen O'Gorman at (708) 857-2420 for more information.

Job Opportunity

The Oak Lawn Park District Special Recreation Department is hiring for the summer day camp program, which serves children and teenagers with various disabilities. The day camp runs five days a week. Job applications are available on line at www.olparks.com or at any of the park district facilities. Completed applications should be mailed or dropped off at Oak View Center at 4625 W. 110 St., attention: Jacqueline Canty, Special Recreation Coordinator. For more information call Jacqueline at (708) 857-2200.

SPORTS & RECREATION

3-Day Fitness Membership sale at the Oak Lawn Park District Pavilion

What: Oak Lawn residents save 40% on your membership. Only valid on new

resident rates

When: February 22 – 24, 2008

Where: Oak Lawn Community Pavilion, 9400 S. Oak Park, (708) 857-2420

Tony and Tina's Wedding

What: Motorcoach bus trip to see Tony and Tina's Wedding at Piper's Alley

in Chicago. An interactive comedy satirizing Italian-American weddings.

includes buffet dinner, wedding cake, champagne toast and

transportation. Cash bar available. (Bus is wheelchair accessible)

When: Wednesday, March 5, departs at 11:00 am and returns at 4:30 pm.

Where: Bus departs from Oak View Center, 4625 W. 110 St., (708) 857-2200

Fee: Residents - \$50. Non-Residents - \$55.

Infant-Toddler Screening

Are you concerned about the development of a little one under three years old?

Some children need a little more help reaching their full potential. Heredity, genetics, difficult birth, illnesses, accidents, environmental factors and unknown causes may delay a child's development. Most infants and toddlers develop in a very predictable pattern.

They sit alone at about six months

They play pat-a-cake and peek-a-boo at about 12 months

They have 50 words at about 18 months.

Call Maureen McCormack, (708) 496-3330x145 for screening appointment

PLACE: AERO Special Education Cooperative

7600 South Mason Avenue, Burbank

DATE: Friday, **February 22**, 2008

TIME: 9:30 AM – 12:30 PM (by appointment only)

BUSINESS SPECIALS FOR OAK LAWN RESIDENTS ONLY

Each e-mail will feature a few Oak Lawn businesses with special offers for our residents. Just mention that you are an Oak Lawn resident and read about the offer the "A Community United" email newsletter. Our features this edition are:

Fanny May has two locations in Oak Lawn, 6351 W. 95 St., (708) 423-1754, and 10700 S. Cicero Ave., (708) 422-2684. Fannie May features a variety of confectionary delights, flavored coffees and delicious ice cream bars. Delight your favorite cupid with delicious chocolates packaged in one of Fanny May's beautiful Valentine gift boxes. Sugar free candies are also available. Fanny May would like to offer the residents of Oak Lawn a free 4 piece box of chocolates with any purchase during the month of February. Fannie May's hours are: Sunday 11:00 am – 5:00 pm, Monday – Friday 9:00 am – 8:00 pm, and Saturday 9:00 am – 6:00 pm.



Thanks for taking the time to read this edition of A Community United.

Please know that your comments and concerns are always appreciated at information@oaklawn-il.gov